



HLTAID003 Provide first aid

COURSE SUMMARY

The Provide First Aid course (HLTAID003) will give you the skills and knowledge required to provide a First Aid response, life support, management of casualty(s), the incident and other first aiders, in a range of situations, including in the home, workplace or within the community, until the arrival of medical or other assistance. The course comprises both online pre-learning and face-to-face training hours.

LEARNING OBJECTIVES

There must be evidence that the candidate has completed the following tasks in line with state/territory regulations, first aid codes of practice, Australian Resuscitation Council (ARC) guidelines and workplace procedures:

- Followed DRSABCD in line with ARC guidelines, including:
- Performed at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations) on

- an adult resuscitation manikin placed on the floor
- at least 2 minutes of uninterrupted single rescuer CPR (5 cycles both compressions and ventilations) on an infant resuscitation manikin placed on a firm surface
- Responded appropriately in the event of regurgitation or vomiting
- Managed the unconscious breathing casualty
- Followed single rescue procedure, including the demonstration of a rotation of operators with minimal interruptions to compressions
- Followed the prompts of an Automated External Defibrillator (AED)
- Responded to at least two simulated first aid scenarios contextualised to the candidate's workplace/community setting, including:
- Conducted a visual and verbal assessment of the casualty
- Demonstrated safe manual handling techniques
- Post-incident debrief and evaluation
- Provided an accurate verbal or written report of the incident
- Applied first aid procedures for the following:



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- Allergic reaction
- Anaphylaxis
- Bleeding control
- Choking and airway obstruction
- Envenomation, using pressure immobilisation
- Fractures, sprains and strains, using arm slings, roller bandages or other appropriate immobilisation techniques
- Respiratory distress, including asthma
- Shock

COURSE PREREQUISITES

Students must be at least 14 years of age at the time of attendance. There are no prerequisites for the Provide First Aid course. An online First Aid workbook must be completed prior to course commencement. This is a mandatory requirement for First Aid accreditation and the online workbook link and log in details are emailed to students once enrolment is received. The pre-learning takes approx. 1.5hrs to complete and consists of a First Aid course manual to assist students with answering a series of multiple choice questions. Answers can be saved and finished any time prior to the course commencement and students are required to pass the workbook before attending the First Aid course.

Learn more about the Australian Government's competency and assessment requirements for this course at <https://training.gov.au/Training/Details/hltaid003>

COURSE DETAILS

The face to face training is 7.5 hours and covers both theory and practical aspects of the First Aid course. Students are required to arrive at least 10 minutes prior to the course commencement or entry may be refused. There is a morning tea and lunch break. Lunch is not provided at the course.

There is a short multiple choice quiz at the end of the training, covering the practical First Aid information learnt that day. Students will also be assessed on practical skills to pass the course. Once completed, all students will receive a First Aid manual.

CERTIFICATE VALIDITY

The HLTAID003 certificate is valid for three (3) years from the completion date. The Australian Resuscitation Council recommends that Cardiopulmonary Resuscitation skills be refreshed annually.

Please note: course packs are downloaded from your portal to ensure you have the most up to date forms and resources for your courses.

FEES

\$100 per person
Minimum 10 and Maximum 20 Participants

CONTACT US

Should you have any questions about our First Aid Training packages, would like to sign up to a course or book a private session, please do not hesitate to get in touch:

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